



MILANO 2015
1 MAY • 31 OCTOBER

Dietary Strategies for a Healthy Ageing

18th May 2015 – 11.00-14.00

The proportion of elderly people over 65 years in Europe is predicted to increase from 25% to 40% by 2030, making it one of society's greatest upcoming challenges.

How to prevent functional decline and prolong quality of life?

What is the effect of diet on ageing?

We need to understand the beneficial and harmful dietary factors as well as the specific needs and habits of the elderly population group.

The workshop will present past and future EU funded research projects that contribute to a better understanding of nutritional needs for a better quality of life while ageing.

A roundtable discussion will follow for stakeholders to exchange ideas on dietary strategies and innovation potential.

Registration open until APRIL 10th

All about Expo2015:

<http://bit.ly/Expo2015HA>

To register:

<http://ec.europa.eu/research/conferences/2015/expo2015/index.cfm?pg=healthy-ageing>

With participation of:



Agenda



EUROPEAN COMMISSION
DIRECTORATE GENERAL FOR RESEARCH & INNOVATION

Directorate F - Bioeconomy
F.3 – Agri-Food Chain



EXPO 2015 –' DIETARY STRATEGIES FOR A HEALTHY AGEING VIA EU-FUNDED R&D' WORKSHOP

Date: Monday 18 May 2015

Location: EXPO 2015, European pavilion (1st floor), Milano, Italy

Start time (h)	Duration (min)	Subject	Presented by	More information?
10:30	30	<i>Registration & Get-together coffee</i>		
11:00	20	Welcome and introduction "The EU commitment : past funding and Horizon 2020 perspective"	Isabelle VAN BORM, EC, DG Research & Innovation	
11:20	20	PERFORMANCE "Aging Society: A demand towards personalised food"	To be confirmed	www.performance-fp7.eu
11:40	20	NU-AGE " Nutrition is critical for healthy aging: the EU project NU-AGE"	Aurelia SANTORO, University of Bologna	www.nu-age.eu
12:00	20	OPTIFEL "Food products for seniors: how to enhance eating pleasure, convenience and nutritional quality"	Catherine RENARD, INRA France	www.optifel.eu
12:20	20	SIFORAGE "Food in context: Social innovation for active and healthy ageing"	Xavier ALLIROT Basque Culinary Center	www.siforage.eu
12:40	20	Roundtable discussion with stakeholders and closure	Isabelle VAN BORM, EC, DG Research & Innovation	
13:00	<i>Lunch on the terrace</i>			
	<i>B2B meetings in the afternoon possible</i>			